



Bancroft School Reopening Guide
Aftercare & Athletics Programming

Fall 2020

Updated: September 15, 2020

AFTERCARE GENERAL PROTOCOLS

Lower School/ Middle School /Upper School

Pre-registration is required to maintain an aftercare pod.

Pod Breakdown

PreK, K, Gr. 1

Gr 2, Gr 3

Gr 4, Gr 5

Gr 6

Gr 7

Gr 8

*Upon return to campus, Upper School students (Gr. 9-12) can pre-register for a late pick-up.

LS/MS students in Aftercare are supervised from 2:45 PM-5:00 PM.

Upper School students staying for late pick-up are supervised from 3:30 PM - 5:00 PM.

Instructors

Instructors are assigned to a specific pod. If registration numbers are low in Middle School, supervision will be for multiple pods at least 12 feet apart. Aftercare Instructors are required to wear masks, use hand sanitizer when entering the building, and complete the MyMedBot Health Screening each day. Disposable masks are available in the Health Center if needed.

Transition to Aftercare

Lower School Instructors meet their students during the dismissal process. If the class is waiting outside, they can gather their students and move them to the classroom for aftercare. If students representing more than one grade are present, instructors will wait with the grade until dismissal is completed. This allows enough time for proper air filtration. Attendance is recorded digitally in our CampBrain registration software.

Middle school instructors go to the designated classroom space. Once dismissal is completed, students in aftercare go to their grade level science classroom. Attendance is taken in the science classroom and recorded digitally.

If Middle School students involved in after school sports are getting picked-up after 3:30 PM, they will need to be registered for Aftercare. They will walk over from the field house with their coach to the McDonough Center, use hand sanitizer, and check-in at their grade-level science classroom. Parents/Guardians will follow the same Aftercare pick-up protocol.

Snack

Afterschool Snack must be provided from home. Hand washing and desk sanitation will take place following snack. PreK-1 will use towels from home on the floor for a snack. Towels are sent home to be washed regularly.

Bathrooms

Students will use the bathroom designated for their grade during the school day. The number of students allowed in each bathroom is limited. Adults will use the adult bathrooms in their designated areas.

Parent pick-up

OPTION 1:

Parents will drive up to the portico area near the McDonough Building. Parents were provided the Auxiliary Program office phone number (508-854-9204). When they arrive, they can call from their car. Their child will then be escorted down to their car by a staff member.

OPTION 2:

If wearing a mask, parents/guardians may exit their car, climb the stairs, and wait outside near the McDonough Center main door. A staff member will meet them at the door and their child will be escorted to meet the parent outside.

When an Aftercare staff member is escorting a student, they remain masked and physically distant from the student.

When registering, parents can choose a 4:00 PM pick-up time or a 5:00 PM pick-up time. Parents may arrive any time before the selected pick-up time.

Outside

Instructors are encouraged to bring their students outside as much as possible. Masks must be worn at all times unless it is an official mask break. Appropriate physical distancing must be abided by (6 feet) whenever possible. Recess equipment will be used per pod and cleaned daily. Outside space will be designated for specific pods and rotate daily depending on pod numbers. Locations are as follows:

- Playground structure (PreK, K, 1 small structure and Grades 2-5 large structure).
The nonporous parts of the playground structure will be disinfected each afternoon and each morning
- The Green (field)
- Outside Basketball Court

Upper School Late Pick-up

Students in Grades 9-12 can register one week in advance for Late Pick-up. Students being picked up between 3:30PM-5:00PM should go directly to the Dining Hall at the end of the day and check in with the teacher on duty. Tables will be sanitized prior to arrival. Students will wear masks and be a minimum of 6 ft physically distanced from each other. Masks will be worn by the teacher and students. At the discretion of the teacher on duty, students may be allowed outside on the patio. Students will be texted or called when their ride arrives and they will exit immediately at the closest door.

FALL ATHLETICS

MIDDLE SCHOOL PROGRAM (MS)

Although Bancroft will not be participating in interscholastic athletic competition this fall, we are committed to providing a meaningful athletic experience. We will work to provide student-athletes with opportunities to stay active and fit, while working with teammates to hone their skills in a fun, competitive, safe environment.

Bancroft will implement a Middle School after-school athletics program by grade level pod. These activities will adhere to guidelines provided by the Department of Elementary and Secondary Education and the Governor's Office of Energy and Environmental Affairs. These organizations regulate youth sport programming statewide.

The Middle School fall athletics season will begin on September 21st and run through the first week of November. Practices will be held Monday-Thursday from 2:45-3:30pm. They will use space in the Bancroft Field House and adjacent outdoor areas and will be coached by Middle School faculty members from their respective grade-level pods. Janice Morello, RN, will provide medical coverage for the MS athletics program. Sport options will be varied and determined by each individual grade-level pod. Participating students should be picked up at the Field House at 3:30pm or can pay for the AfterCare program until 5:00 pm.

SAFETY PROTOCOLS

Masks

Wearing of facial coverings will be required of all athletes and coaches during practice. Facial coverings must be snug to face and cover the nose, mouth and chin. Gaiters or bandanas will not be allowed during practices. It is highly suggested that athletes bring two masks to every practice and wash them on a regular basis. Coaches will allot time for frequent mask/water breaks when they can be out of proximity to other athletes. Sport-specific masks, made of moisture-wicking, antimicrobial material may be worn.

Physical distancing

All activity will take place in the Field House with the garage doors open, or in nearby outdoor spaces. Coaches and players must maintain at least 6 feet of physical distance at all times. Coaches are required to wear masks at all times.

Contact

Coaches and students will eliminate all deliberate contact (ie. tackling, blocking, running in groups of 2 or more) in every activity, and make every effort to minimize intermittent contact (close physical contact or face-to-face contact).

****Handshakes, high-fives, slaps, fist bumps, spitting, chewing gum, or team cheers will NOT be allowed****

Water

All participating students are required to provide their own water bottle and make sure it is filled before practice. We will not be able to provide water jugs and cups for any teams. The Field House is outfitted with two touchless water bottle fillers.

Hand Sanitizer

It is recommended that all participating student-athletes bring their own personal hand sanitizer to practice.

****Regular water/hand sanitizing breaks will be planned during practice****

Locker rooms

The locker rooms in the Athletic Center will not be available for student use. The School dress code has been adjusted for this year to allow students to wear athletic clothing to school, since students will be outside more often during the day and engaged in physical activity, and won't be able to use the locker rooms in the Athletic Center.

Equipment

All team equipment (balls, cones, etc) will be disinfected daily after each practice.

Medical

Medical coverage for MS sports will be provided by Janice Morello, RN, who will be based in the Health Center in the McDonough Building. Annual physicals are still required by state law for all students participating in athletics and must be renewed every 12 months. Bancroft School will continue its participation in the ImPACT testing program, as part of our comprehensive concussion management program, and all new students and students in grades 7 will take the ImPACT neurocognitive test to provide baseline scores.

PHASES & TIMING

Middle School athletic programming will have different phases to ensure the safest reasonable play without jeopardizing the scholastic environment. Phases will progress after each quarantine period with zero school-linked transmission. This critical period ensures the foundations of targeted and layered interventions prevent disease, even if an exposure event is noted. Each phase takes on more risk than the previous phase, but is still reasonably safe. If at any time a school-linked transmission occurs, root-cause analysis will be conducted, and sports will return to Phase 1 - the safest level of play.

Phase 1: Individual skills and drills. This is the baseline for sports and will be the fallback if school-linked transmission is noted.

Phase 2: small group cohorts (3-6) will be able to practice together. This phase can be implemented after 10 scholastic days of sports with zero school-linked transmission.

Phase 3: intrasquad competition. This phase can be implemented after 10 scholastic days of Phase 2 sports with zero school-linked transmission.

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## **UPPER SCHOOL PROGRAM (US)**

Bancroft Upper School student-athletes and teams compete in the Eastern Independent League (EIL) and the New England Preparatory School Athletic Council (NEPSAC). Both of these governing organizations have cancelled competitions and championships for the fall season. As a result of these announcements, Bancroft will not participate in interscholastic competition with other schools. We are, however, committed to providing a meaningful athletic experience. We will work to provide student-athletes the opportunity to stay active and fit while working with teammates to hone their skills in a fun, competitive, and safe environment. These activities will adhere to guidelines outlined by the MA Department of Elementary and Secondary Education and the Governor's Office of Energy and Environmental Affairs, which regulates youth sport programming statewide.

The Upper School fall athletics season began virtually during the week of September 8th and will begin in-person on September 25th. Practices will run through the first week of November. Practices will be held daily from 3:30-5:00pm. All teams will be practicing on campus using the athletic fields and adjacent outdoor areas outside the Fletcher Athletic Center. In the event of inclement weather, a decision regarding cancellation of practices will be made by noon on that day. Medical coverage for the fall Upper School

athletics program will be provided by Wayne Penniman, ATC, and Carrie Deisenroth, ATC. Participating students must be picked up promptly at the conclusion of practice at the athletic fields.

## **SAFETY PROTOCOLS**

### **Masks**

Wearing of facial coverings will be required of all athletes and coaches during practice. Facial coverings must be snug to face and cover the nose, mouth and chin. Gaiters or bandanas will not be allowed during practices. It is highly suggested that athletes bring two masks to every practice and wash them on a regular basis. Coaches will allot time for frequent mask/water breaks when they can be out of proximity to other athletes. Sport-specific masks, made of moisture-wicking, antimicrobial material are recommended.

### **Physical distancing**

All activity will take place on the athletic fields and adjacent outdoor areas of the Fletcher Athletic Center. Coaches and players must maintain at least 6 feet of physical distance at all times. Coaches are required to wear masks at all times.

### **Contact**

Coaches and students will eliminate all deliberate contact (ie. tackling, blocking, running in groups of 2 or more) in every activity, and make every effort to minimize intermittent contact (close physical contact or face-to-face contact).

***\*Handshakes, high-fives, slaps, fist bumps, spitting, chewing gum, or team cheers will NOT be allowed\****

### **Water**

All participating students are required to provide their own water bottle and make sure it is filled before practice. We will not be able to provide water jugs and cups for any teams. Fletcher Athletic Center is outfitted with a touchless water bottle filler.

### **Hand sanitizer**

It is recommended that all participating students bring their own personal hand sanitizer to practice.

***\*Regular water/hand sanitizing breaks will be planned during practice\****

### **Locker rooms**

The locker rooms in the Fletcher Athletic Center will not be open for student use. The School dress code has been adjusted for this year to allow students to wear athletic clothing to school, since students will be outside more often during the day and engaged in physical activity.

### **Equipment**

All team equipment (balls, cones, etc) will be disinfected daily after each practice.

### **Medical**

Medical coverage for Upper School sports will be provided by Wayne Penniman, ATC, and Carrie Deisenroth, ATC, who will be based at the Fletcher Athletic Center. Annual physicals are still required by state law for all students participating in athletics and must be renewed every 12 months. Bancroft School participates in the ImPACT testing program, as part of our comprehensive concussion management protocol, and all new students and students in grades 9 and 11 will take the ImPACT neurocognitive test to establish current baseline scores.

### **PHASES & TIMING**

Upper School athletic programming will have different phases to ensure the safest reasonable play without jeopardizing the scholastic environment. Phases will progress after each quarantine period with zero school-linked transmission. This critical period ensures the foundations of targeted and layered interventions prevent disease, even if an exposure event is noted. Each phase takes on more risk than the previous phase, but is still reasonably safe. If at any time a school-linked transmission occurs, root-cause analysis will be conducted, and sports will return to Phase 1 - the safest level of play.

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**Phase 3:** intrasquad competition. This phase can be implemented after 10 scholastic days of Phase 2 sports with zero school-linked transmission.