

The 2005 - 2006 Schedule Definitions and Explanations

1. We are on a six-day rotating schedule, days A - F. Days are designated A- F at the start of the school year and do not change with interruptions, (snow days, etc.). Each class meets five times during the six-day cycle. One of those meetings is the double period.
2. Our school day begins promptly at 7:50 a.m. with advisor check-in. The 7:50 a.m. to 8 a.m. time is very important, and students should be in advisories. Students who arrive each day before 7:45 a.m. should report to the Boone Room.
3. We have a mid-morning break, **Munch**, indicated on the schedule. Snacks will be available in the Boone Room. The playground and basketball court will be available during Munch.
4. The time from 11:20 a.m. to 12 noon incorporates a host of programs:
 - On Mondays, Tuesdays, and Thursdays students will meet in **Clubs**. Students are assigned to Clubs based on their choices. Every effort is made to give each student one of his/her top three choices. Clubs will vary and include: cooking, cards, knitting, a cappella, newspaper, literary magazine, Mathcounts, dance, studio art, yearbook, touch football, ultimate frisbee, and board games. Students are also encouraged to make proposals for additional clubs. Parents are welcome to supervise Clubs. Students are required to participate in Clubs on two of the three days. The other day students will be in Menu.

The elective ensemble offerings of Band, Strings, and Chorus also meet on Tuesdays and Thursdays.
Student Council will meet on Monday.
 - Wednesday will be designated as an all-Middle School **advisory** time.
 - **Assemblies** will be held for the entire Middle School community each Friday. Assemblies will run 40 minutes each week in the Theatre.
5. Middle School **Lunch** will be held from 12 noon - 12:30 p.m. every day. Advisory lunch is on Tuesday.
6. Three times each rotation, students have **FLEX**: a grade-level structured time for silent study, extra help, tutorial support, advisory discussions, individual meetings, and/or special events.
7. **X Block** runs from 2:45 p.m. to 3:30 p.m. every day except Fridays for students not participating in athletics. Between seasons, special events/activities are run during X Block. X-Block is held in the Boone Room.
8. Sports practices run until 4 p.m. There are no practices on Fridays and some B teams do not practice on Wednesdays.
9. An After School Activities Program will meet daily (Monday - Thursday, 3:30 p.m. - 5:30 p.m., Friday, 2:45 p.m. - 5 p.m.). There is no need to pre-register. Families are billed separately based on attendance. All students who are on campus after 3:30 p.m. (4:00 p.m. for students involved in sports) must sign in to After Care in the Boone room.